

Suggested Items to Bring with you to Family Camp

Modest clothes for six days:

For church services: men: long pants, shirts with sleeves

Women: skirts, shirts with sleeves, headscarf

Comfortable clothing for sports

Raingear

Modest swimwear

Water shoes/good walking shoes

Warm clothing for after sundown

Lifejackets for children

Bible

Prayer book for akathists, morning/evening prayers

Journal

Towel, washcloth, toiletry items

Sleeping bag/bedding

Tent, if camping

Pillow

Alarm clock

Sunscreen

Insect repellent!

Water bottle

Flashlight

Backpack(?)

Sheet music, acoustical instruments, folk dances to share.

For those on special diets: any foods we aren't able to provide. Refrigeration is available, please check with the registrar on arrival. We do have a first aid station.

Please **leave behind** electronic devices, such as games, DVD's, radios, etc. Encourage your kids to take a break. Also note, cell phone reception is very limited at this location! There is a landline in the lodge for emergencies.